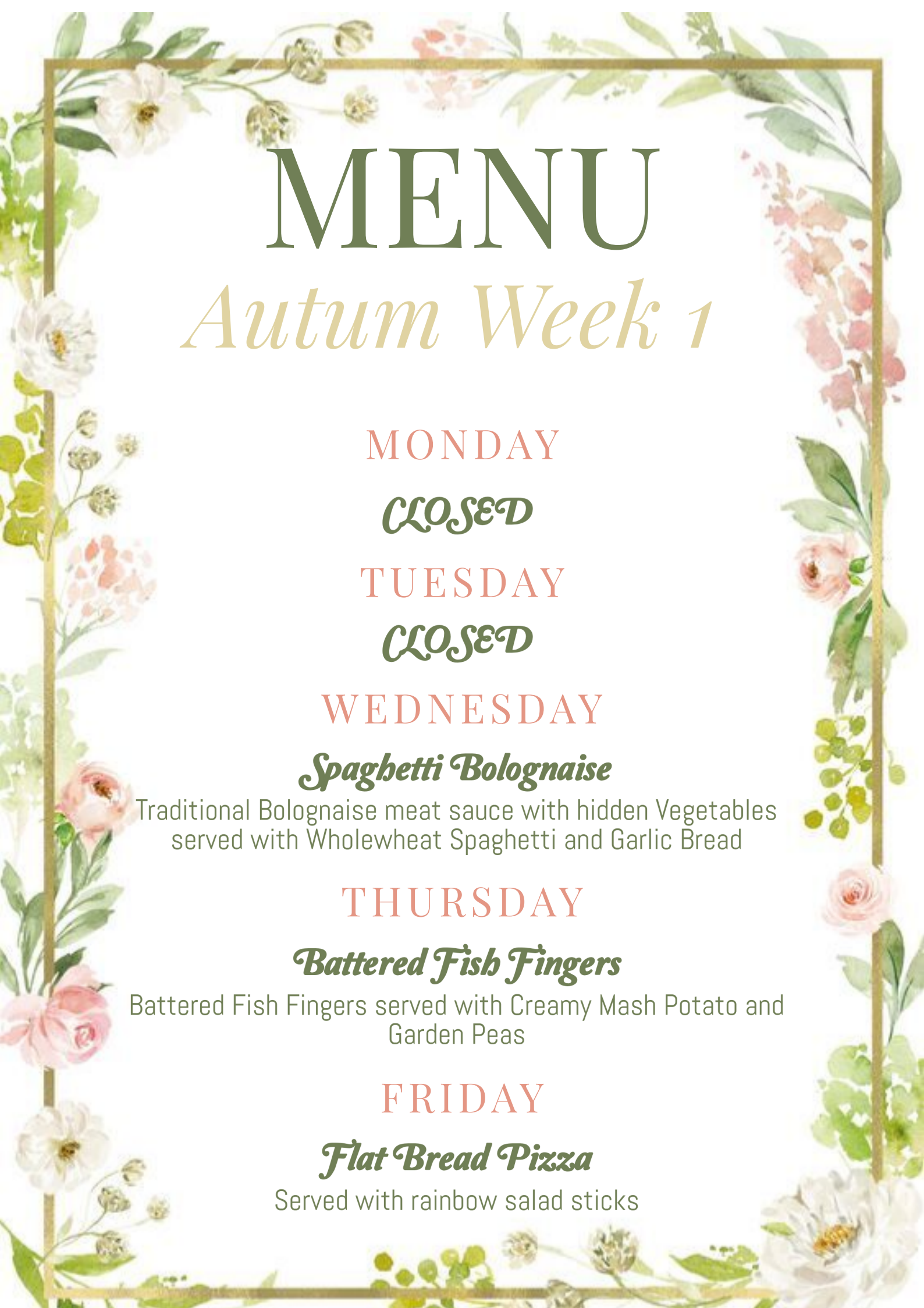




MENU

Autum Week 1

MONDAY

CLOSED

TUESDAY

CLOSED

WEDNESDAY

Spaghetti Bolognaise

Traditional Bolognaise meat sauce with hidden Vegetables
served with Wholewheat Spaghetti and Garlic Bread

THURSDAY

Battered Fish Fingers

Battered Fish Fingers served with Creamy Mash Potato and
Garden Peas

FRIDAY

Flat Bread Pizza

Served with rainbow salad sticks



MENU

Autumn Week 2

MONDAY

Spanish Chicken

Served with orzo and Mediterranean Veg

TUESDAY

Macaroni Cheese

Wholewheat Macaroni in a rich Cheese sauce serve with
Rainbow Salad sticks and Garlic Bread Fingers

WEDNESDAY

Herby Sausage and Mash

Herby Cumberland Sausages served with Creamy Mash
Potato, Garden Peas and Rich Gravy

THURSDAY

Pepperoni Pizza Pasta Bake

Served with garlic bread fingers

FRIDAY

Veggie Dippers

Served with wraps, skin on fries and rainbow salad sticks



MENU

Autumn Week 3

MONDAY

Home made Shepherds Pie

Served with seasonal vegetables

TUESDAY

Katsu Curry

Served with fluffy rice and prawn crackers

WEDNESDAY

Sweet Pepper Pasta Bake

Served with cheesy garlic bread

THURSDAY

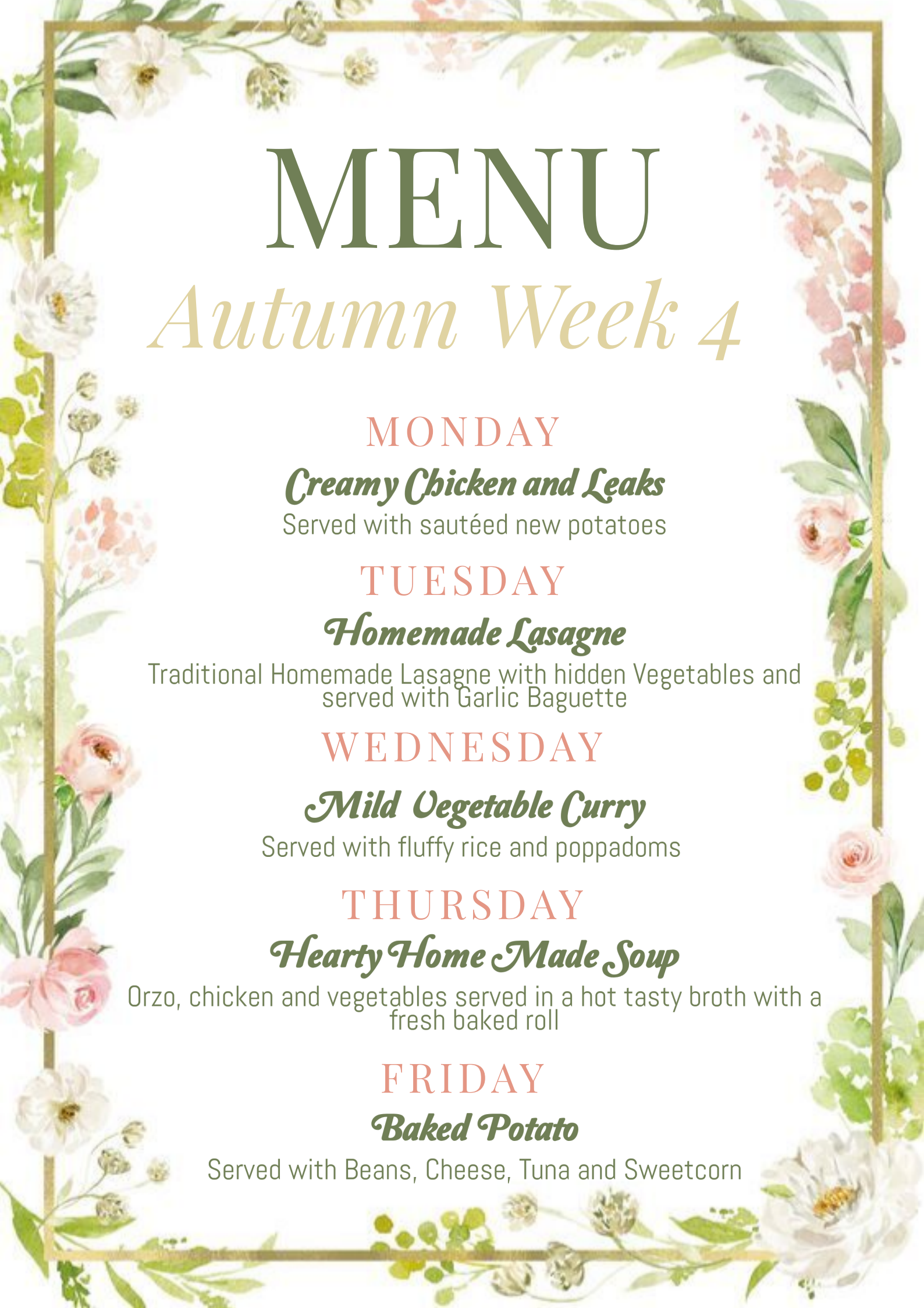
Baked Potato

Served with Beans, Cheese, Tuna and Sweetcorn

FRIDAY

Hot Dogs

in a bun served with potato wedges and salad bar



MENU

Autumn Week 4

MONDAY

Creamy Chicken and Leaks

Served with sautéed new potatoes

TUESDAY

Homemade Lasagne

Traditional Homemade Lasagne with hidden Vegetables and served with Garlic Baguette

WEDNESDAY

Mild Vegetable Curry

Served with fluffy rice and poppadoms

THURSDAY

Hearty Home Made Soup

Orzo, chicken and vegetables served in a hot tasty broth with a fresh baked roll

FRIDAY

Baked Potato

Served with Beans, Cheese, Tuna and Sweetcorn



MENU

Autumn Week 5

MONDAY

BBQ Pork Ribs

Served with baked potato and rainbow slaw

TUESDAY

Meatball Pasta Bake

Served with hidden veg and garlic bread fingers

WEDNESDAY

Chilli Con Carne

Mild Chilli Con Carne with beef mince and kidney beans served with brown Long grain rice and tortilla chips

THURSDAY

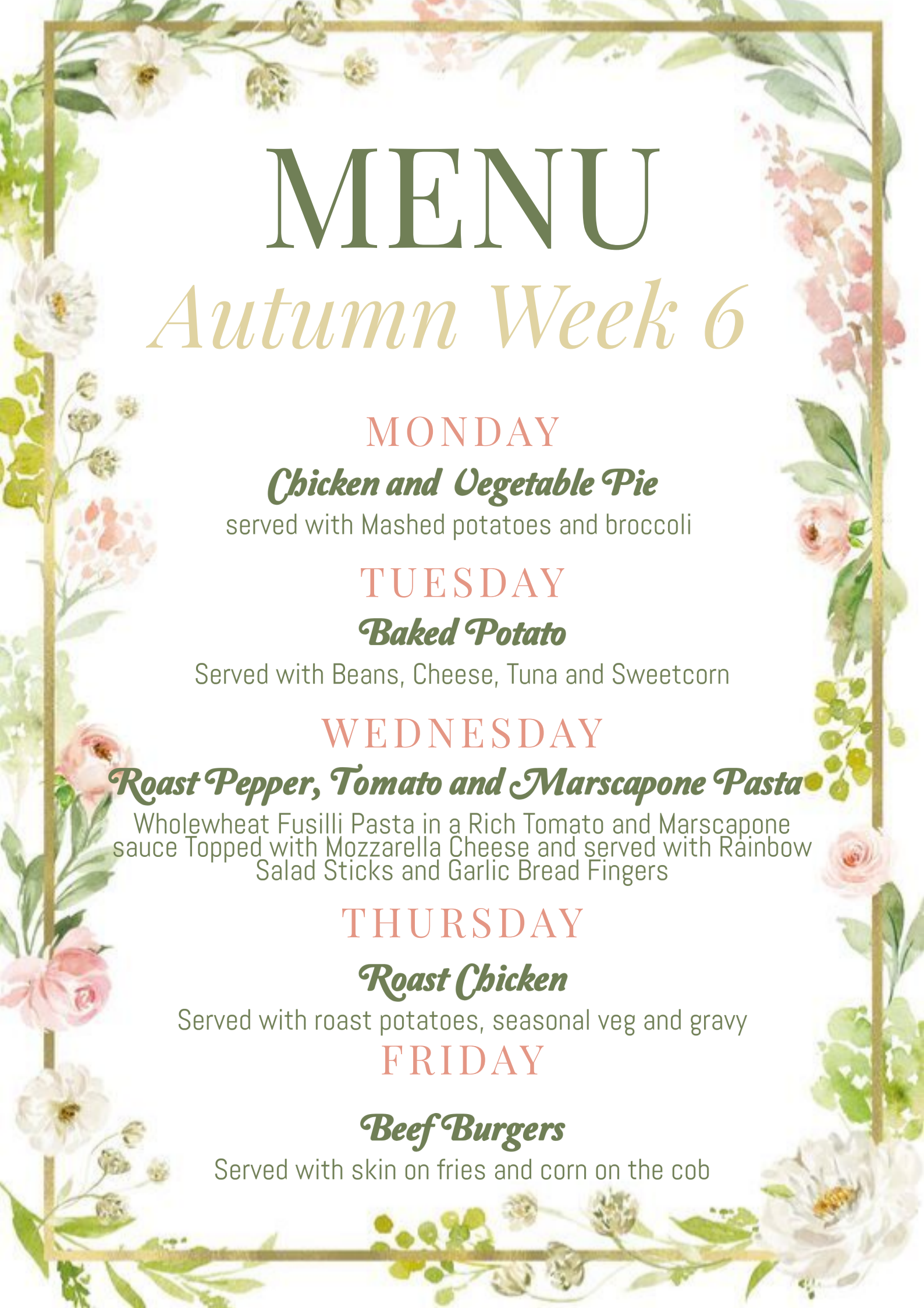
Spaghetti Carbonara

A rich creamy sauce served with garlic bread and crudités

FRIDAY

Hot Sausage Rolls

Served with chips and beans



MENU

Autumn Week 6

MONDAY

Chicken and Vegetable Pie

served with Mashed potatoes and broccoli

TUESDAY

Baked Potato

Served with Beans, Cheese, Tuna and Sweetcorn

WEDNESDAY

Roast Pepper, Tomato and Marscapone Pasta

Wholewheat Fusilli Pasta in a Rich Tomato and Marscapone sauce Topped with Mozzarella Cheese and served with Rainbow Salad Sticks and Garlic Bread Fingers

THURSDAY

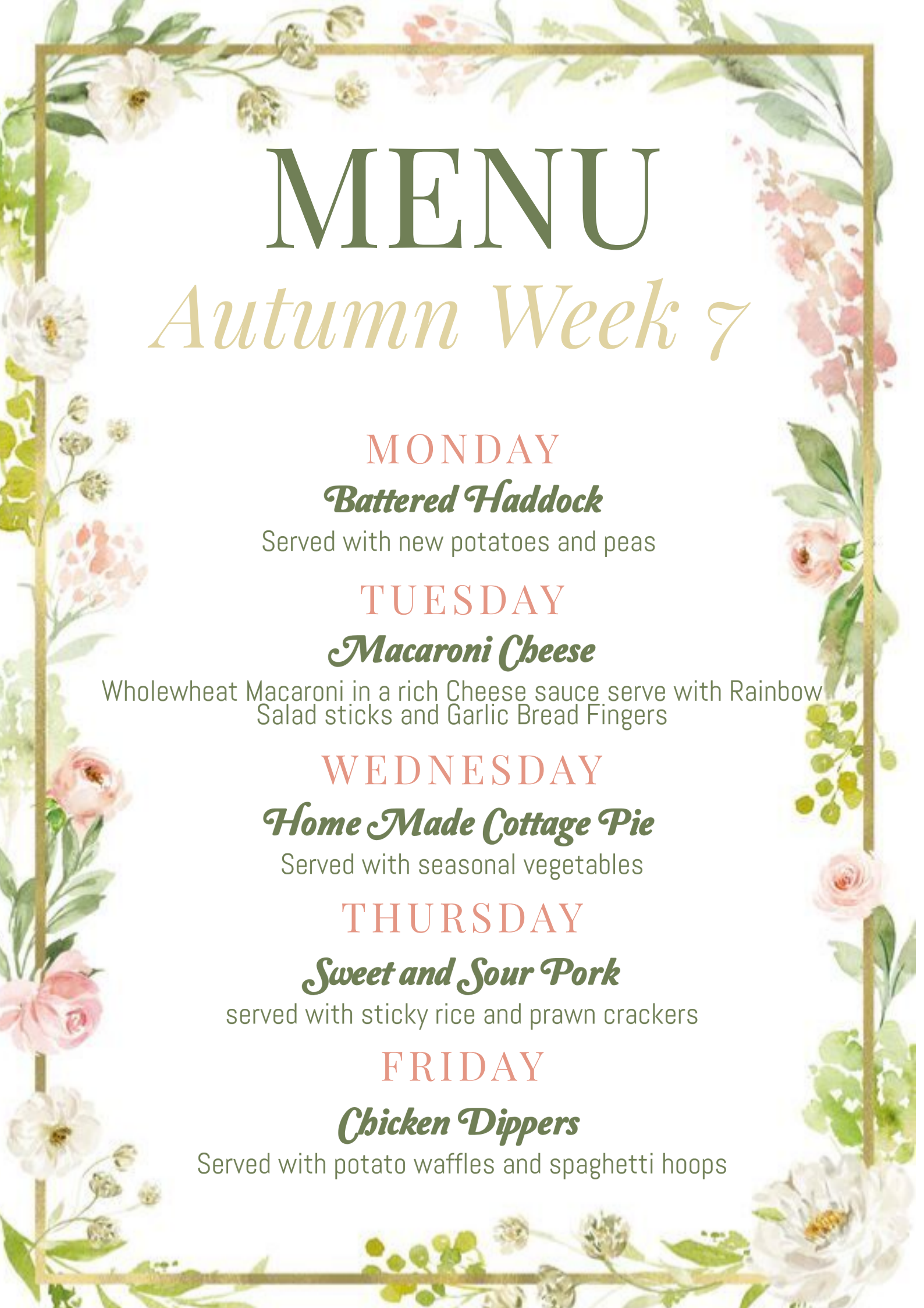
Roast Chicken

Served with roast potatoes, seasonal veg and gravy

FRIDAY

Beef Burgers

Served with skin on fries and corn on the cob



MENU

Autumn Week 7

MONDAY

Battered Haddock

Served with new potatoes and peas

TUESDAY

Macaroni Cheese

Wholewheat Macaroni in a rich Cheese sauce serve with Rainbow Salad sticks and Garlic Bread Fingers

WEDNESDAY

Home Made Cottage Pie

Served with seasonal vegetables

THURSDAY

Sweet and Sour Pork

served with sticky rice and prawn crackers

FRIDAY

Chicken Dippers

Served with potato waffles and spaghetti hoops